

Tips for staying safe

- 1** Make sure you can be seen – wear high visibility clothing and make sure there are reflectors on your bike
- 2** Give heavy vehicles the space they need and do not try to slip past them when they are manoeuvring
- 3** Remember if you are cycling close to a heavy vehicle, other road users can't see you until the last minute. Ensure there is plenty of space
- 4** Never ever cycle on the inside of a heavy vehicle, when it is turning left. Remember they will pull out right, creating space for themselves, before turning left.
- 5** Watch out for heavy vehicles near junctions especially roundabouts. Never cycle between the vehicle and the roundabout.
- 6** Do not be spooked by heavy vehicles overtaking you. Hold your cycling line using as much road space as you need to feel safe

Be seen. Be patient. Stay back. Be safe.

Stephen Dyster, Editor of Cycling World

Cycling World
Life on two wheels
www.cyclingworldmag.com



Cyclists and large vehicles



CEMEX UK is one of the country's top 20 logistics operators making more than 4 million deliveries a year by road, rail, sea and waterways. It is a leading producer of cement, ready-mixed concrete and aggregates with a national supply network.

For more information see www.CEMEX.co.uk

Be aware, be safe

- Every year 15,000 cyclists are killed or injured in the UK
- Most accidents occur at road junctions and roundabouts
- Accidents with large vehicles often result in serious injury or fatality for the cyclist
- The most dangerous situation is when cyclists are on the nearside of vehicles turning left



CEMEX UK, the building materials provider has been working with RoSPA and other leading organisations for a number of years to reduce and prevent accidents involving cyclists and pedestrians.

Both drivers and cyclists have a responsibility for their own, and each other's safety. CEMEX has invested in technology for its vehicles and continuous training for its team of over 800 drivers to create awareness of the situations and risks involved.

See and be seen

Additional mirrors have been fitted to all CEMEX vehicles to ensure visibility all round and close to the vehicle, particularly to eliminate the blind spot at the left hand front corner.



Read the signs

A warning sign has been fitted to the rear nearside corner of all CEMEX haulage vehicles, alerting cyclists to the danger of passing along the inside of the vehicle.

In addition, along the left hand side of ready mixed concrete trucks a large 'Caution Keep Clear' sign has been fitted.



Hear the warning

In London ready mixed concrete trucks and tippers have been fitted with sensors on the left hand side of the vehicle. When the left indicator of the truck is on, a verbal warning is sounded when cyclists pass on the nearside. In the cab, an alarm sounds to alert the driver