

'Jack Clements Memorial' Little Mountain Time Trial

AN HISTORIC AND CLASSIC CYCLE RACE

For and on behalf of Cycling Time Trials under their Rules and Regulations

Sunday, 2nd May 2010, K22/39 39.5 miles, Great Witley, Worcestershire





RESULTS





Congratulations

After a night of torrential rain 93 riders took to the start line for the 2010 edition of the Little Mountain Time Trial. Fortunately the rain had stopped but the temperature was very cold and there was a strong northerly breeze making conditions very tough indeed.



The victors in the overall competition were Richard Bradley (Shorter Rochford RT) and Rebecca Slack (London Dynamo), both having competed with success the day before at the Coventry CC 10 near Wolvey. Bradley was making a rare outing to a hilly time trial and as he signed on he was still unsure whether to ride his TT bike or his road bike. In the end Bradley succeeded his clubmate Bill Moore, winner in 1997, 1998 & 2009, on the top step of the podium with an impressive 1.43.56. Slack achieved a rapid 1.57.26 which belies the fact that she did not even own a bike two years ago.

Second and third spots in the men's event were filled by Steve Berry (San Fairy Ann CC), making a long trip from Kent very worthwhile with a time of 1.44.34, and Dean Robson (Somerset RC) who has recently been achieving some excellent performances in the Midlands District. Robson's time was just seconds behind Berry – 1.44.46 and he also won the prize for the fastest hill-climbs, taking just 7.55 to climb both Stanford Bank and the dreaded Ankerdine. Local SPOCO enthusiast Nicky Xandora achieved the second podium placing for the women with a super first attempt at this event and a time of 2.08.56 while home rider Fenella Brown repeated her placing of 2009 taking third place with 2.16.06.

Some serious battles amongst the veterans have become a hallmark of this event and this year was no exception, the age-group in question this time being the over 70s. Two legendary figures in British cycling history, Mick Ives and John Woodburn had come to challenge the V70 record of 2.12.44 set by John Bevan in 2007. Ives had the advantage of knowing the course well while Woodburn had last ridden this event in the early 1980s. An extremely close tussle ensued, Ives being clocked as only 15 seconds down on Woodburn at the top of the last climb. However, after completing the final hilly 5 miles Woodburn had opened the gap further and finished by claiming the record with an astonishing 2.03.33. Ives also broke the previous record but had to settle for a still very impressive 2.05.06.

Thirty six riders opted to ride road bikes and fastest of these was Scott Povey (Warwicks RC) who exchanged his usual fixed-wheel bike for some gears as a concession to the hills. His time was 1.51.35 and not far behind was a rider with an outstanding history in time trialling. Glenn Longland showed the class which made him multi-national champion and two-times BBAR: he rode a road bike with mudguards for a time of 1.52.38!

In the cold, windy conditions only 13 riders managed to improve on their course PB. Best of these was Adam Hart of Worcestershire St John's CC who removed no less than 9.36 from his previous best to finish in 1.52.56.

Team honours went to Echelon-SPIUK by a comfortable margin, their line-up of David Barnes, Stefan Harrison and Simon Osbourne achieving a combined time of 5.29.09.

Finally, mention must go to the youngest rider in the field – James Plant (Wyre Forest CRC). He is the only juvenile to have ever ridden this event and at age 14 he scorched round in a very rapid 2.15.45. Many congratulations indeed, James!

Prize Awards

	<u>Winner</u>	<u>Club/Team</u>	<u>Time</u>	<u>Award</u>
1 st	Richard Bradley	Shorter-Rochford RT	1.43.56	£100 + trophy
2 nd	Steve Berry	San Fairy Ann CC	1.44.34	£50
3 rd	Dean Robson	Somerset RC	1.44.46	£30
4 th	David Barnes	Echelon-Spiuk	1.44.57	£20
5 th	Phil Blacker	Wyre Forest CRC	1.46.54	£10
1 st Woman	Rebecca Slack	London Dynamo Prologue	1.57.26	£30
2 nd Woman	Nicky Xandora	Banbury Star CC	2.08.56	£20
3 rd Woman	Fenella Brown	Beacon Roads CC	2.16.06	£10
1 st Roadman	Scott Povey	Warwickshire RC	1.51.35	£30
2 nd Roadman	Glenn Longland	Antelope RT	1.52.38	£20
3 rd Roadman	Richard Shimmell	Warwickshire RC	1.53.53	£10
1 st Hill Climbs	Dean Robson	Somerset RC	07.55	£30 voucher
1 st Team of 3 riders	David Barnes Phil Blacker Phil Hunt	Wyre Forest CRC	5.29.09	£20 vouchers + Beacon medals
1 st V40	Richard Bradley	Shorter-Rochford RT	1.43.56	£20
1 st V50	John Herring	Leamington C&AC	1.52.16	£20
1 st V60	Rod Brooks	Warrington RC	2.08.44	£20
1 st V70	John Woodburn	VC Meudon	2.03.33	£20
1 st Course PB	Adam Hart	Worcester St John's CC	1.52.56	£30 voucher
2 nd Course PB	Richard Lomas	Redditch Tri Club	1.55.31	£20 voucher
3 rd Course PB	James Moore	Beacon Roads CC	2.10.44	£10 voucher
Fastest 2 nd Cat	John Herring	Leamington C&AC	1.52.16	£15
Fastest 3 rd Cat	Dave Preece	Worcester St. John's CC	1.54.11	£15
Fastest 4 th Cat	Donald Field	Walsall RCC	2.01.26	£15

The vouchers awarded as prizes were kindly donated by Epic Cycles.

Course Record Bonus

<u>Category</u>	Record Breaker	<u>Club/Team</u>	<u>Time</u>	<u>Bonus</u>
V70	John Woodburn	VC Meudon	2.03.33	£50

Further Viewing on the Internet

There is a lot of historical information about this event on the club's website at www.beaconrcc.org.uk under 'Open Races'. Photo galleries for the event can be found under 'Picture Gallery' then 'Members' Cycling Photos'.

2010 Little Mountain Time Trial Results - Men

	Race	Name	Club/Team	Cat	J۷	Vet	R	Actual	PB	Stnfd	Ankd	Total
	No.							Time	Imprvt			Hills
1	110	Richard Bradley	Shorter-Rochford RT	Elite		V40		01:43:56		04:27		
2	45	Steve Berry	San Fairy Ann CC			V40		01:44:34		04:52		
3	90	Dean Robson	Somerset RC					01:44:46		04:11		
4	120	David Barnes	Echelon-Spiuk	Elite		V40		01:44:57		04:48		
5	70	Phil Blacker	Wyre Forest CRC					01:46:54		04:54		
6	100	Michael Donnelly	Team Endura	Elite		V40		01:46:55		04:43		
7	75	Stefan Harrison	Echelon-Spiuk	1st cat		V40		01:50:26		05:06		
8	50	Scott Povey	Warwickshire RC	1st cat			R	01:51:35		04:49		
9	71	Steve Batsford	Banbury Star CC			V40		01:52:09		05:02	04:28	09:30
10	30	John Herring ** ^^	Leamington C&AC	2nd cat		V50		01:52:16		04:47	04:20	09:07
11	116	Paul Reardon	API-Metrow			V50		01:52:21	06:26	05:21	05:06	10:27
12	115	Mick Lee	Royal Sutton CC	2nd cat		V40		01:52:32		05:15	04:45	10:00
13	105	Glenn Longland	Antelope RT			V50	R	01:52:38		04:46	04:33	09:19
14	67	Adam Hart	Worcester St John's CC					01:52:56	09:36	05:04	04:16	09:20
15	119	Steven Goodbier	Evesham Wheelers					01:53:24	00:12	05:05	04:41	09:46
16	55	Simon Osborne	Echelon-Spiuk					01:53:46		05:24	04:59	10:23
17	41	Richard Shimmell	Warwickshire RC				R	01:53:53		04:52	04:34	09:26
18	83	Dave Preece	Worcester St John's CC	3rd cat				01:54:11	00:50	05:03		
19	20	Jon Tetley	Hereford & District Whlrs					01:54:23		04:52	04:40	09:32
20	65	Peter Ward	Stratford CC	2nd cat				01:55:03		05:17		
21	111	Simon Rouse	Gillingham & Dist Whlrs			V40		01:55:16		05:15		
22	117	Warren King	Echelon-Spiuk			V40		01:55:21		05:49		
23	60	Matthew Purshouse	Warwickshire RC	1st cat		V40	R	01:55:28		05:20		
24	109	Richard Lomas	Redditch Tri Club					01:55:31	07:28	05:12		
25	61	Alastair Semple	Stafford RC	2nd cat		V40		01:56:01		05:45		
26	40	Edward Moss	Beacon Roads CC					01:56:05		05:14		
27	25	Bryan Healy	Halesowen A&CC			V40		01:56:16		05:07		
28	118	Robert Cannell	Newport Shropshire CC	3rd cat		V50		01:56:48		05:14		
29	26	Ian Peake	Hereford & District Whlrs			V50		01:57:12	00:58	05:30		
30	31	David Walker	Worcester St John's CC	2nd cat		V40		01:57:26		05:17		
31	112	Richard Deeley	MJS Racing	3rd cat				01:57:43		05:06		
32	15	Richard Somerville	Warwickshire RC				R	01:58:52		04:59		
33	24	Julian Bouchet	Velo Club Sevale			V40		01:58:55		05:15		
34	114	Simon Darrall	MJS Racing					01:58:59	04:49	06:02		
35	113	Chris Merryweather	Beacon Roads CC				R	02:00:28		05:07		
36	51	Stephen Titmarsh	BRAT					02:00:44	00.40	06:33		
37	73	Martin Staines	Worcester St John's CC			V50		02:00:45	03:12			
38	35	Brian Austin	Wyre Forest CRC					02:01:00		04:59		
39	102	John Rice	Beacon Roads CC	40 (02:01:19		05:03		
40	82	Donald Field	Walsall Roads CC	4th cat		V50	_	02:01:26	05.50	05:40		
41	33	Andrew Overton	Epic Cycles RT				K	02:01:31	05:50	07:59		
42	42	Maxwell Allen	Beacon Roads CC	014		\/50		02:01:50	00.04	05:50		
43	47	Stuart McKie	Wyre Forest CRC	3rd cat		V50		02:01:52	06:01	06:30		
44	107	Jon Howard	Wyre Forest CRC	3rd cat		V40		02:02:21		06:12		
45	52	Simon Dighton	Beacon Roads CC			V40	_	02:02:33		05:32		
46	88	David Rodrick	LVRC Stourbridge CC					02:02:54		04:58 05:23		
47	56	Roger Allen	Stourbridge CC	1			ĸ	02:03:11				
48	95 22	John Woodburn ^^	V.C. Meudon			V70		02:03:33		06:01 05:52		
49 50	106	Edward Dursley Michael Ives **	Worcester St John's CC Team Endura	4th cat		V70		02:04:19 02:05:06		06:03		
51	46	Colin Edney	Beacon Roads CC	3rd cat		V40		02:05:06		06:03		
52	43	Andrew Grace	Crewe Clarion Whirs	oru cat				02:05:07	00:04	05:21		
53	87	Barry Evans	Beacon Roads CC					02:05:36	00.04	05:21		
54	37	Reiner Grundmann	Royal Sutton CC			V40 V50	_	02:06:29		05:59		
55	63	Philip Field	Beacon Roads CC			v 30	_	02:08:16		05:50		
56	17	Richard Gamble	Hinckley CRC					02:08:31		05:33		
57	11	David Briggs	Wyre Forest CRC			V40	11	02:08:39		05:43		
58	66	William Slack	London Dynamo Prologue				P	02:08:43		05:30		
59	85	Rod Brooks ^^	Warrington RC			V40	11	02:08:44				10:35
60	97	Mark Allen	Worcester St John's CC			V 00		02:09:19				12:59
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No.		Race	<u>Name</u>	Club/Team	<u>Cat</u>	<u>Jv</u>	<u>Vet</u>	R	<u>Actual</u>	<u>PB</u>		<u>Ankd</u>	<u>Total</u>
Box										<u>Imprvt</u>	Hill	Hill	
Say James Moore Beacon Roads CC 02:10:44 07:39 05:59 05:06 12:05	-									00:24			
64 53 Clive Pinfold Coventry Road Club V60 R 02:11:45 12:27 05:33 15:00	62	38	Adrian Clifton	Bromsgrove Olymp' CC			V40		02:10:01		05:41	05:03	10:44
65 98 Alex Taylor	63									07:39			
Feb 44 Richard Gourlay Worcester St John's CC R 02-13:21 07-52 05-20 13:12			Clive Pinfold				V60						
E66	65	98	Alex Taylor	Macclesfield Whlrs				R	02:13:14		06:39	05:48	12:27
68 16 Philip Farley MJS Racing R 02:13:55 05:40 05:20 11:00 69 49 James Plant Wyre Forest CRC 4th cat JV R 02:15:45 05:26 04:39 10:05 70 28 Steve Lockwood Speedwell BC 4th cat V50 R 02:16:05 06:04 05:22 11:26 71 92 Mark Carter Beacon Roads CC V50 R 02:17:40 05:34 05:09 10:43 72 39 Gary Mackintosh Beacon Roads CC V40 R 02:19:56 05:40 05:56 12:19 73 103 Mike Sheppard Stratford CC V40 R 02:19:56 05:40 05:57 12:24 74 14 Paul Simmonds Beacon Roads CC V40 R 02:23:03 06:27 05:57 12:24 75 54 Christopher Cox Worcester St John's CC V40 R 02:23:40 06:19 05:07 11:26 76 23 John Trout 1st Chard Wheelers V60 R 02:24:45 06:47 06:02 12:49 77 48 Richard Kings Beacon Roads CC V40 R 02:32:03 07:34 06:38 14:12 79 12 Geoff Mann BRAT	=66	44	Richard Gourlay	Worcester St John's CC									
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81 21 John Convery Beacon Roads CC R 02:33:53 07:53 06:41 14:34 82 19 Don Picken Stafford RC V60 02:47:09 09:38 09:12 18:50 59 Norbert Wysocki Wyre Forest CRC 4th cat V60 R DNF DNF 104 Richard Greer Beacon Roads CC R DNF R DNF 104 Richard Greer Beacon Roads CC R DNF NB 104 Richard Greer Beacon Roads CC R DNF NB 104 Richard Greer Beacon Roads CC NB	79	12	Geoff Mann	BRAT			V50	R	02:32:57		08:04	07:23	15:27
82 19 Don Picken Stafford RC V60 02:47:09 09:38 09:12 18:50 59 Norbert Wysocki Wyre Forest CRC 4th cat V60 R DNF NBF NBF <t< td=""><td>80</td><td>29</td><td>Edward Lycett Green</td><td>1st Chard Wheelers</td><td></td><td></td><td>V50</td><td>R</td><td>02:33:43</td><td></td><td>07:35</td><td>06:54</td><td>14:29</td></t<>	80	29	Edward Lycett Green	1st Chard Wheelers			V50	R	02:33:43		07:35	06:54	14:29
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81 Phil Hunt Wyre Forest CRC 2nd cat DNF 104 Richard Greer Beacon Roads CC R DNF 27 Julian Barnard Dulwich Paragon V50 DNF 06:28 76 Chris Lines Epic Cycles RT DNS apol 78 Neil Compton Beacon Roads CC V40 DNS apol 89 John Hassall South Pennine RC V60 DNS apol 13 Gary Lowe Beacon Roads CC V40 DNS apol 18 Patrick Connolly Wyre Forest CRC V40 DNS apol 32 William Kirk-Wilson Leamington C&AC DNS apol 58 Phil Gambles Walsall Roads CC 4th cat V60 DNS apol 96 Brian Gale Team Endura V50 DNS apol 10 Andrew Simpkins Solihull CC 4th cat V50 DNS 36 Andrew Bailey Evesham Wheelers V40 DNS 57 David Evans University of Warwick CC DNS 80 Rob Weare Leamington C&AC Elite	82	19	Don Picken	Stafford RC			V60		02:47:09		09:38	09:12	18:50
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36 Andrew Bailey Evesham Wheelers V40 DNS 57 David Evans University of Warwick CC DNS 80 Rob Weare Leamington C&AC Elite V40 DNS 93 John Callaghan Epic Cycles RT V50 DNS 99 Paul Crook Wyre Forest CRC V50 DNS		10	Andrew Simpkins	Solihull CC	4th cat		V50						
57 David Evans University of Warwick CC DNS 80 Rob Weare Leamington C&AC Elite V40 DNS 93 John Callaghan Epic Cycles RT V50 DNS 99 Paul Crook Wyre Forest CRC V50 DNS													
80 Rob Weare Leamington C&AC Elite V40 DNS 93 John Callaghan Epic Cycles RT V50 DNS 99 Paul Crook Wyre Forest CRC V50 DNS													
93 John Callaghan Epic Cycles RT V50 DNS 99 Paul Crook Wyre Forest CRC V50 DNS					Elite		V40						
99 Paul Crook Wyre Forest CRC V50 DNS													
		101	Adrian Ravenscroft	Birmingham CC			V40		DNS				

2010 Little Mountain Time Trial Results - Women

	Race	<u>Name</u>	<u>Club/Team</u>	<u>Cat</u>	Vet R	<u>Actual</u>	<u>PB</u>	Stnfd	<u>Ankd</u>	Total
	No.					<u>Time</u>	Imprvt			Hills
1	86	Rebecca Slack	London Dynamo Prologue		V40	01:57:26		05:15	05:03	10:18
2	77	Nicky Xandora	Banbury Star CC	3rd cat	V40	02:08:56		06:26	05:55	12:21
3	68	Fenella Brown	Beacon Roads CC	4th cat	V40	02:16:06		06:17	05:39	11:56
4	84	Rachel Cook	Walsall Roads CC		V40	02:18:10		05:23	05:05	10:28
5	79	Dawn Smith	Worcester St John's CC		V40	02:20:18		07:07	06:42	13:49
6	72	Ruth Blacker	Wyre Forest CRC		V40	02:27:25		07:31	06:38	14:09
	94	Alexandra Laycock	Warwickshire RC		V40	DNF				
	74	Miranda Harris	Stratford CC		V50	DNS apo				
	62	Trudi Sammons	Reading CC		V40	DNS apo				
	64	Susan Semple	Stafford RC	3rd cat	V40	DNS apo	l			
	69	Alana Collis	Ashfield RC	4th cat		DNS apo	l			

^{**} denotes a former Beacon Mountain TT Winner ^^ denotes a Category Record Holder

Team Results

Only the first three riders of each club are shown even if a club had more than one team.

<u>Club/Team</u>	<u>Riders</u>	<u>Time</u>
Echelon-Spiuk	David Barnes, Stefan Harrison, Simon Osborne	5.29.09
Warwickshire RC	Scott Povey, Richard Shimmell, Matthew Purshouse	5.40.56
Worcester St John's CC	Adam Hart, Dave Preece, David Walker	5.44.33
Wyre Forest CRC	Phil Blacker, Brian Austin, Stuart McKie	5.49.46
Beacon Roads CC	Edward Moss, Chris Merryweather, John Rice	5.57.52
MJS Racing	Richard Deeley, Simon Darrall, Philip Farley	6.10.37
Royal Sutton CC	Mick Lee, Reiner Grundmann, James Hepburn	6.12.25

Thanks

Our thanks to Epic Cycles for their continuing support of this event and to For Goodness Shakes for providing recovery drinks for all riders. We would also like to give our sincere thanks to Stuart Hall and Michael Amery of the League of Veteran Racing Cyclists for rearranging a stage of the Tour of the Abberleys so that our event could take place on the same day.

This event would not be half the event it is without the enthusiastic and cheerful hard work of over fifty club members and friends. Thank you to everyone who braved the elements on a very chilly May morning to ensure the event ran smoothly. Once again Dave and Ann Cole made huge contributions in vital roles with the marshalling and catering and Tony Webb was a great support at stressful moments when it was all getting a bit too much for me. Thanks also to the other members of the Little Mountain committee, Mike Kedian, John Hitchcock and Ed Moss.

It was wonderful to see our founder members John Green and Dennis Baker at the HQ, both of whom overcame the odds to make it to the event. After all, these are the club members we have to thank for starting this event in 1948. Chapeau gentlemen!

Lastly, an enormous "well done" to everyone who came and took on the major challenge that is the Little Mountain TT. If you enjoyed the event please tell your clubmates and friends and bring them along with you next year.

Kind regards, Ruth Eyles

3, Anchor Cottages, Warwick Rd, Leek Wootton, Warwicks CV35 7QX Tel. (01926) 512212

Email: eylru@aol.com











<u>Top Row:</u> James Plant, first juvenile to complete the LMTT; Mick Ives, winner in 1962; Rebecca Slack passes Don Field who was fastest 4th cat.

<u>Middle Ro</u>w: Dean Robson, Hill-Cimbs winner; Team victors Team Echelon-SPIUK. <u>Bottom Row:</u> John Woodburn, new V70 record holder; Glenn Longland, 2nd Roadman; Scott Povey, 1st Roadman

Beacon Mountain Time Trial Past Winners - Men

Year	Winner	Club/Team	Year	Winner	Club/Team
1948	R. J. Maitland	Solihull CC	1982	J. Herring	Coventry Olympic
1949	R. J. Maitland	Concorde RCC	1983	S. Edney	VC D'Nuez
1950	R. J. Maitland	Concorde RCC	1984	I. Fagan	Worcester St Johns CC
1951	D. Farmer	Worcester St. Johns	1985	I. Fagan	Worcester St Johns CC
1952	D. Farmer	Worcester St Johns	1986	R. Evans	Warwickshire RC
1953	A. V. IIsley	Concorde RCC	1987	M. Badel	Luton CC
1954	J. C. White	Thornhill CC	1988	S. Edney	Warwickshire RC
1955	B. Harrison	Bantam RCC	1989	P. Galloway	Poly CC – Air Canada
1956	J. Chance	Midland C & AC	1990	C. Moon	Leicester Forest CC
1957	D. Smith	Midland C & AC	1991	S. Jones	KJC Carpets
1958	G. Barlow	Stone Whlrs	1992	W. Elliot	Concorde RCC
1959	G. J. Gould	N. Worcs. RC	1993	P. Nabi	Elizabethan CC
1960	G. J. Gould	N. Worcs. RC	1994	S. Dangerfield	North Wirral Velo
1961	R. C. Booty	Ericsson Whlrs	1995	D. Kirby	Beacon RCC
1962	M. Ives	Coventry CC	1996	S. Dangerfield	Parker Interntional
1963	G. P. Webb	Solihull CC	1997	W. Moore	Leo RC
1964	J. Monk	Solihull CC	1998	W. Moore	Leo RC
1969	D. Blount	Oldbury & DCC	1999	S. Dangerfield	
1970	D. Blount	Oldbury & DCC	2000	S. Dangerfield	Camel Valley CC
1971	A. Boden	Oldbury & DCC	2001	No event	(Foot & Mouth)
1972	R. Cromack	RAF CC	2002	J. Gilfillan	Yorks Cycleworks
1973	R. Lewis	Coventry CC	2003	S. Dangerfield	Camel Valley C&TC
1974	M. Oldnall	Nottingham Arrow CC	2004	S. Dangerfield	Scienceinsport.com
1975	R. Lewis	Coventry Olympic	2005	S. Dangerfield	Scienceinsport.com
1976	S. Edney	Warwickshire RC	2006	G. Poupart	Echelon-cycles.co.uk
1977	C. Moon	Leicestershire RC	2007	G. Butler	Preston Wheelers
1978	J. Patston	CC Orpington	2008	M. Bottrill	De Rosa/MG Decor RT
1979	J. Patston	Worcester St Johns CC	2009	W.Moore	Shorter Rochford RT
1980	J. Patston	Worcester St Johns CC	2010	R. Bradley	Shorter Rochford RT
1981	P. Carbutt	Saracen RC			

Beacon Mountain Time Trial Past Winners - Women

<u>Year</u>	<u>Winner</u>	<u>Club/Team</u>	<u>Year</u>	<u>Winner</u>	<u>Club/Team</u>		
1993	K. Moon	Royal Sutton CC	2002	R. Eyles	Beacon RCC		
1994	 Rowntree 	Black Country Whirs	2003	Separate Women's event			
1995	 Rowntree 	Black Country Whirs	2004	Separate Women's event			
1996	C. Ward	Wyre Forest CRC	2005	Separate Wome	n's event		
1997	T. Maund	Cheltenham & Cnty CC	2006	L. Smith	BRAT Club		
1998	R. Eyles	Beacon RCC	2007	R. Eyles	Beacon RCC		
1999	99 Result not known		2008	M. Parsons	Evesham & Dist Whlrs		
2000	F. Dore-Green	Gloucester City CC	2009	M. Bloom	Rugby RCC		
2001	2001 No event – Foot & mouth			R. Slack	London Dynamo Prologue		

Course Records

These are the course records since 2000 which is the period for which we have complete and continuous archives.

<u>Category</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>	<u>Year</u>
Men	Stuart Dangerfield	Scienceinsport.com	1.34.05	2005
Women	Ruth Eyles	Beacon Roads CC	1.53.51	2007
V40	Barry Charley	Parker International	1.39.12	2007
V50	John Herring	Leamington C&AC	1.48.12	2009
V60	Rod Brooks	Warrington RC	1.52.31	2009
V70	John Woodburn	VC Meudon	2.03.33	2010